

# Motivational Interviewing Educational Session

## Congratulations

Congratulations on completing the Motivational Interviewing Educational Session on Motivating Patients with Chronic Diseases to Take Charge of Their Treatment.

There are 5 videos available on our Strategies for Chronic Care website ready for attendees to reinforce your learning. There is one introductory module and 4 reinforcement videos. Each video is approximately 30 minutes long. Skills reinforced include:

# 1

**Listening** and **talking** to patients

# 2

**Identifying** and **eliciting** behavior change in patients

# 3

**Providing** direction and **developing** planning regimens for patients to change their behavior

# 4

**Working** with patients who are resistant to changing their behavior

## Access to the videos:

- Access <http://www.strategiesforchroniccare.com/> and click on “register” (top right hand corner) to set up account
- The account should be active in 24-72 hours. The registrant will receive notification that the account has been opened
- After the account has been opened, access <http://www.strategiesforchroniccare.com/>
- Click “Adherence Plus”
- Click “View Healthcare Provider Resources”
- Scroll down to the videos “Starting with Motivating Patients With Chronic Diseases.....”