

Registration Card

Registration and payment may be completed on www.KCRA-net.com or by mail

Preferred Registration by February 15, 2019
There will be no registration refunds after February 28, 2019

Please Print Clearly

Name / Credentials _____

Position _____

Institution Name _____

Mailing Address _____

City _____ State ____ Zip _____

Phone (____) _____

Email Address _____

Current AACVPR Membership? Yes No
AACVPR Member #: _____

Vegetarian Lunch entrée? Yes No

Conference Fees:

\$115 –Early Bird Conference

\$75 –Early Bird **AACVPR Member** Conference
(Must show proof of AACVPR Membership)

\$25.00 Student with proof of full time status

Prices increase by \$15 after February 15, 2019

Send Check or Money Order made out to KCRA

Mail to: Katelyn King, M.S.

UK Gill Heart Cardiopulmonary Rehabilitation

135 E. Maxwell Street Suite 103

Lexington, KY 40508

KCRA discounted room rate is being held until February 15, 2019

Ask for KY Cardiopulmonary Rehab Association Block

Registration questions call or email

Jacob Stone, KCRA President

(859) 323-5424 kentuckycra@gmail.com

COURSE DESCRIPTION

This symposium is designed for physicians, nurses, respiratory therapists, exercise physiologists and those involved in primary and secondary prevention of CVD and pulmonary disease. The focus of the presentation is to provide current information to the health care professional relating to the total management of the patient with coronary and pulmonary disease and other chronic conditions.

Planning Committee

Peggy Cox	Katelyn King
Stephane Tucker	Jacob Stone
Keri Robbins	Dana Wills
Rodney Wills	

Contact Hours

KCRA Annual Meeting

This offering has been approved by the Kentucky Board of Nursing for 7.2 contact hours, provider offering #4-0094-12-20-026, (Exp. date 12/31/2020).

Conference has been submitted to the Kentucky Board of Respiratory Care for CEUs

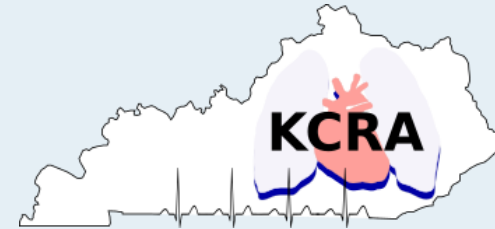
Handouts will be available for print or viewing prior to the conference on

www.KCRA-net.com

Join us for Networking and Q&A with Rich and Tammy on MAC and CMS Regulations in the Embassy Suites Lobby Wednesday, 6-8 pm



Kentucky Cardiopulmonary



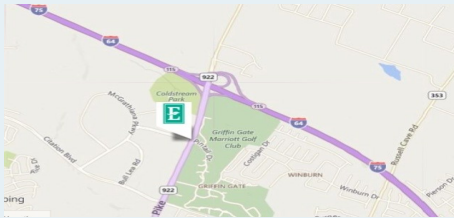
Rehabilitation Association Annual Meeting “The Core Components of Rehab”

**Embassy Suites
1801 Newtown Pike
Lexington, KY 40511
(859) 455-5000**

**Thursday, March 7, 2019
8am to 4pm**



Katelyn King, MS
UK Gill Heart Cardiopulmonary Rehabilitation
135 E. Maxwell Street, Suite 103
Lexington, KY 40508



Visitor Information: www.visitlex.com

Driving Directions to Embassy Suites

From I-75 South & I-64 East:

Take Newtown Pike Exit 115
Merge Right onto Newtown Pike
Turn right onto Aristides Blvd at the Coldstream Research Campus.
Embassy Suites will be on the right.

From I-75 North & I-64 W:

Take Newtown Pike exit 115
Turn right onto Newtown Pike
Turn right onto Aristides Blvd at the Coldstream Research Campus.
Embassy Suites will be on the right

From Bluegrass Airport:

Turn left on Man-O-War Blvd from Airport.
Turn right on Versailles Rd
Take 2nd New Circle Road Exit.
Follow New Circle Road to exit 9B.
Follow Newtown Pike 1.5 miles to hotel on Left



**Conference Questions:
Contact Jacob Stone
(859) 323-5424
kentuckycra@gmail.com**

Conference Agenda:

Wednesday, March 6, 2019

6:00- 8:00 pm **Networking / Q&A: CMS Regulations & Medicare Administrative Contractor (MAC) Issues**
Embassy Suites Lobby

Thursday, March 7, 2019

7:30-8:00 am Check In / Breakfast/ Vendors

8:00-8:15 am **Welcome / Introduction**
Jacob Stone, MS, CSCS
KCRA President

8:15-9:45 am **Creating a Standard ITP for Cardiac & Pulmonary Rehabilitation: For Efficient Review & Physician Signature**

Rich Sukeena, MS, MBA, FAACVPR & Tammy Garwick, MA, FAACVPR

09:45-10:00 am **Vendors / Break**

10:00-11:00 am **Advanced Heart Failure & Cardiac Rehab**
Haree Vongooru, MD, Miriam Ross, RN & Angela Henning, PT

11:00-12:00 pm **Narrative Medicine: Encouraging Patient Resilience and Hope**
Robert Slocum, DMin, PhD

12:00-1:00 pm **Vendors & Lunch**

1:00-1:30 pm **Tai Chi: A Moving Meditation for Health**
Robert Slocum, DMin, PhD

1:30-2:30 pm **Exercise and Pulmonary Arterial Hypertension**
Rajan R. Joshi, MD, F.C.C.P

2:30-2:45 pm **Vendors / Break**

2:45- 3:45 pm **Weight Loss and COPD: Risks and Indicators**
Shorus Minella, RD, LD

3:45-4:00 pm Closing remarks / Door Prizes Evaluations / CEU certificates



About Our Speakers

Rich Sukeena, MS, MBA, FAACVPR

Director of Cardiovascular & Pulmonary Rehabilitation
University of Cleveland

Tammy Garwick, MA, FAACVPR

Manager of Cardiac and Pulmonary Rehabilitation
Mount Carmel Health System

Haree Vongooru, MD

Heart Failure Center Medical Director
St. Elizabeth Healthcare
Edgewood, KY

Miriam Ross, RN

LVAD Coordinator
University of Kentucky

Angela Henning, PT

University of Kentucky CVICU

Robert Slocum, DMin, PhD

Narrative Medicine Program Coordinator
University of Kentucky

Rajan R. Joshi, MD, F.C.C.P.

Total Lung Care and Sleep Center
Richmond, KY
Pulmonary Rehab Medical Director
University of Kentucky

Shorus Minella, RD, LD

Dietician
UK Gill Heart and Vascular Institute
Cardiopulmonary Rehab

Conference Objectives

Thursday, March 7, 2019

8am-4pm

- Understand the requirements for ITP for Cardiac and Pulmonary Rehabilitation Programs.
- Be knowledgeable of cardiac rehab for advanced heart failure patients.
- Identify the use of narrative medicine for rehab patients along with use of Tai Chi/Chi Gong exercises.
- Explain cardiopulmonary rehab in patients with pulmonary hypertension along with importance of understanding weight loss in the COPD patients.

Light Breakfast and lunch provided

